

# REBECA (REsearcher BEyond aCAademia) Intersectoral Mentoring Programme for Researchers

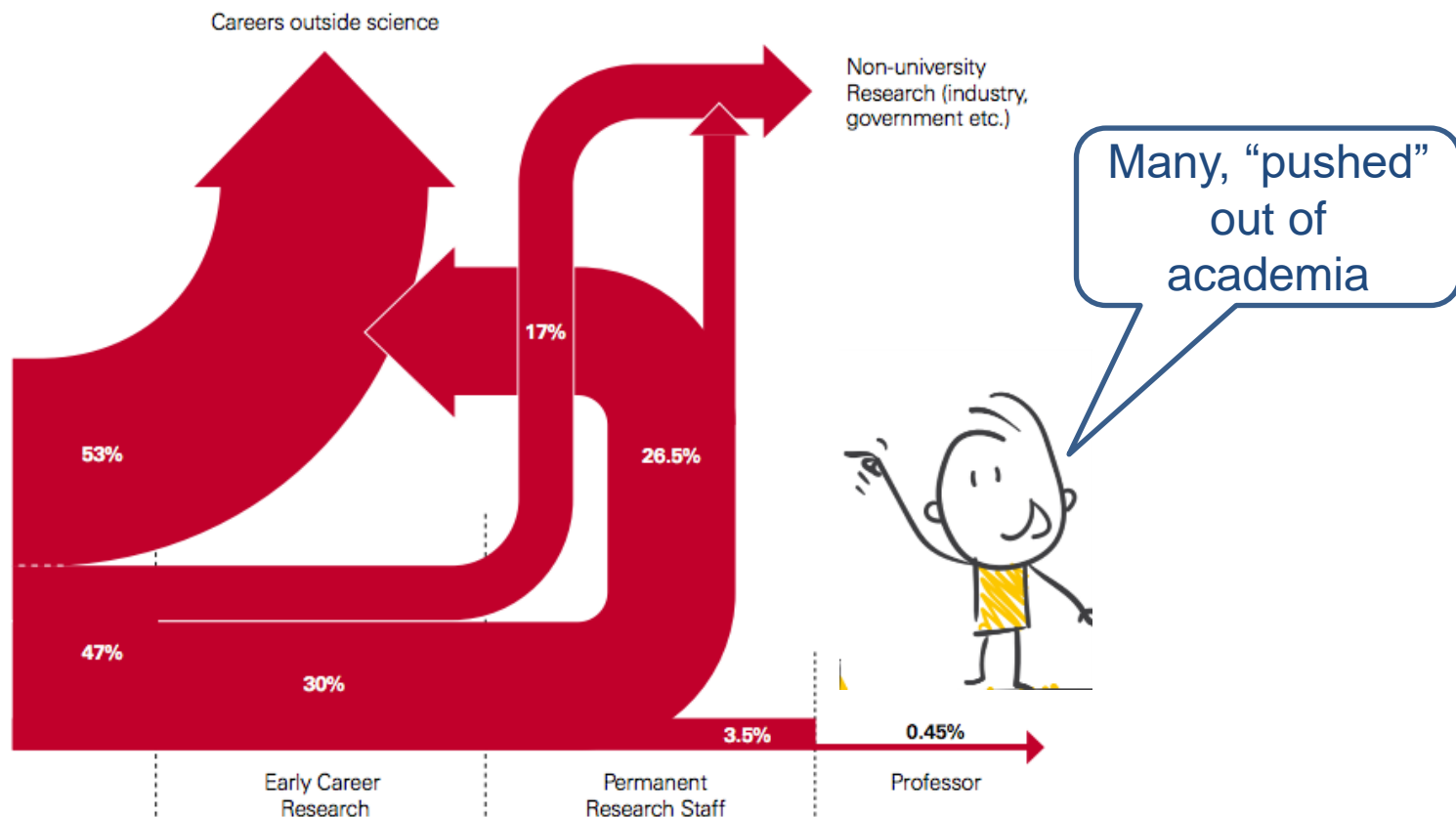
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Well-being of researchers workshop  
21 January 2022



# WHY?

Figure 1.6 Careers in and outside science

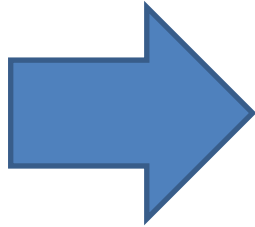


SOURCE: "The Scientific Century" by the Royal Society (2010)

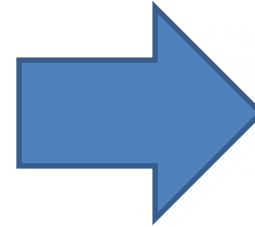
# How are we doing it?



- EURAXESS TOP IV (GA N° 786133) 
- Pilot
- Mentoring period July – December 2019
- 71 pairs (46 in Spain)
- <https://www.euraxess.es/spain/network/euraxess-top-iv/rebeca-mentoring-programme>



- EURAXESS Spain activity
- Mentoring period February – August 2021
- 80 pairs
- In collaboration with RAICEX
- <https://www.euraxess.es/spain/rebeca-2020>



- EURAXESS Hubs (GA N° 101035541) 
- Mentoring period February – July 2022
- ca 100 pairs
- European dimension
- Match-making events
- <https://www.euraxess.es/node/702307/>

# Matching process

Mentors	Mentees
What areas below do you think describe better your <b>professional expertise</b> ?	What are your professional <b>interests beyond academic research</b> ?
What are the <b>topics you think you could contribute</b> more within this programme?	What are the <b>topics you would like to especially tackle</b> in this programme?

- ✓ **MENTEES:** early stage researchers wanting to explore professional options beyond academia
- ✓ **MENTORS:** highly skilled professionals connected with STEM and social sciences and humanities (other than academic researchers)



# REBECA resources

**RESEARCHERS BEYOND ACADEMIA MENTORING PROGRAMME**

**BEYOND THE BENCH**

**MENTORING PROGRAMME**

**WE ESPECIALLY ENCOURAGE WOMEN TO PARTICIPATE IN THE PROGRAMME!**

**KEY ELEMENTS**

- Support young researchers in their career choice through advice and professional networking.
- Facilitate networking and engagement events.
- Offer guidance on research and professional development.

**CALENDAR**

2020-2021

RESEARCHERS BEYOND ACADEMIA MENTORING PROGRAMME - PROGRAMA DE MENTORAZO

**RESEARCHERS BEYOND ACADEMIA MENTORING PROGRAMME**

**BEYOND THE BENCH**

**MENTORING HANDBOOK**

**RESEARCHERS BEYOND ACADEMIA MENTORING PROGRAMME 2020-2021**

**BEYOND THE BENCH**

**MENTORING HANDBOOK**

GOVERNIO DE BILBAO | INSTITUCIOIN EUSKAL UNIBERTSITATEEN | FECYT | RESEARCHERS BEYOND ACADEMIA | EURAXESS | RAICEX

**PERSONAL CAREER DEVELOPMENT PLAN**

**RESEARCHERS BEYOND ACADEMIA MENTORING PROGRAMME 2020-2021**

	WHAT I THINK I CAN BE BEST AT	WHAT I DESIRE PROFESSIONALLY	HOW I WANT TO CONTRIBUTE	MY PERSONAL PREFERENCES
CAREER STEP				
AREAS OF STRENGTH				
AREAS TO DEVELOP				
DEVELOPMENT ACTIVITIES				

NOW  
 SHORT TERM  
 LONG TERM

**REBECA Mentoring Programme**

**RESEARCHERS BEYOND ACADEMIA MENTORING PROGRAMME**

by EURAXESS

If you are willing to participate in REBECA - Researchers Beyond Academia mentoring programme, please follow these steps:

**Step 1: Account**

\*You must create a NEW ACCOUNT\*

**Step 2: Validation**

Validation: You will receive a validation email in order to avoid false accounts. Please, click on the link you will find in the email to validate your account.

**Step 3: Application form**

Fill in the mentor application form or the mentee application form according to your profile.

**RESEARCHERS BEYOND ACADEMIA MENTORING PROGRAMME**

**BEYOND THE BENCH**

Name of the mentee \*

To requesta

EURAXESS National Network supporting your pair \*

Elige

Date of the meeting \*

DD MM AAAA

/ / 2019

How did the meeting take place? \*

Elige

What topics have you addressed during this meeting? \*

To requesta

Key findings during the meeting

To requesta

Further steps

To requesta

Next meeting scheduled \*

DD MM AAAA

/ / 2019

- Trainings for mentees
- Networking meetings (incl. Kick-off & Wrap-up)
- Match-making events (TBA)

**RESEARCHERS BEYOND ACADEMIA**

by EURAXESS

**Researchers Beyond Academia by EURAXESS**

A journey towards research careers outside universities

Research · 984 followers

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# Why do mentees apply?

I feel great **uncertainty** about what is the best option for me

I love science and I would like to stay connected to it but **not in the bench**

I want to get to **meet professionals** beyond my discipline and sector

I want to know people with **other experiences** and careers

## IT'S ALL ABOUT:

- ✓ **New views, perspectives**
- ✓ **Support and advice for their next move**
- ✓ **Getting to know new people beyond their PhD supervisor!**
- ✓ **Getting to know what is “out there” for researchers**

I want to know about the **skills** you need to apply for a good job in the industry



# REBECA 2019 Satisfaction

## RESEARCHERS BEYOND ACADEMIA MENTORING PROGRAMME

BEYOND THE BENCH

## YOUNG RESEARCHERS

PARTICIPANTS=46 SURVEY RESPONSE=46

77,8%

Extremely or very satisfied with REBECA.

80,6%

Have a clearer idea of the professional options outside academia.

66,6%

More willing to search for professional options beyond academia.

86,1%

More aware of their skills and competences.

86,1%

Will stay in touch with their mentors after REBECA.



"I HAVE LEARNED TO PREPARE A CV FOR A JOB OUTSIDE ACADEMIA AND HOW TO TRANSFER MY SKILLS AND COMPETENCES FROM MY PHD PROGRAMME"

"I HAVE UNDERSTOOD THE TERM NETWORKING AND I HAVE BEEN AWARE OF MY SOFT SKILLS"

"IN A SENSE, IT'S BEEN LIKE COMING BACK TO MY OWN SITUATION MANY YEARS AGO, BUT NOW WITH MUCH MORE EXPERIENCE TO SHARE"

<https://www.euraxess.es/spain/spain-network/euraxess-top-iv/rebeca-mentoring-programme>

# REBECA 2019 Satisfaction

## RESEARCHERS BEYOND ACADEMIA MENTORING PROGRAMME

BEYOND THE BENCH

92,7%

Extremely or very satisfied with REBECA.

85,4%

Will stay in touch with their mentees.

## MENTORS

PARTICIPANTS=46 SURVEY RESPONSE=41

92,7%

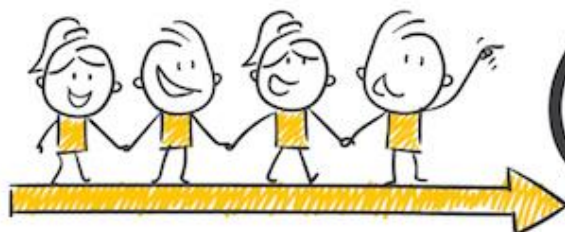
Believe REBECA helped their mentees to be more ready to face a professional transition.

85,3%

Believe REBECA helped their mentees to be more aware of their own skills and competences.

87,8%

REBECA was also a positive professional experience for themselves.



"IT HAS BEEN A VERY BEAUTIFUL EXPERIENCE AND I HAVE SEEN MY SELF-REFLECTED IN MY MENTEE. I WISH I WOULD HAVE BEEN ABLE TO HAVE THIS SUPPORT WHEN I WAS AT UNIVERSITY"

"I HAVE UNDERSTOOD THE IMPORTANCE OF NETWORKING AND I HAVE BEEN AWARE OF MY SOFT SKILLS AND THE IMPORTANCE OF THEM OUTSIDE ACADEMIA"

"DURING YOUR PHD YOU HAVE NO TIME TO THINK ABOUT YOUR NEXT STEP. THIS TYPE OF PROGRAMMES YOU FORCE YOURSELF TO STOP AND THINK"

<https://www.euraxess.es/spain/spain-network/euraxess-top-iv/rebeca-mentoring-programme>



# REBECA 2020-2021 Impact

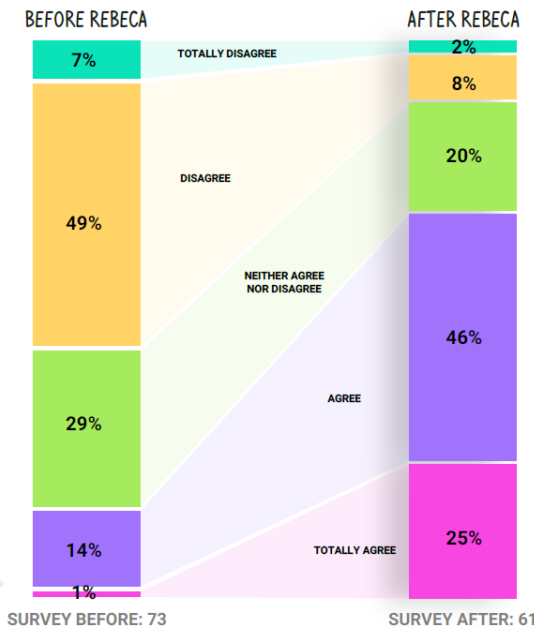
## RESEARCHERS BEYOND ACADEMIA MENTORING PROGRAMME 2020-2021

BEYOND THE BENCH



### IMPACT OF REBECA IN YOUNG RESEARCHERS

I KNOW WHAT PROFESSIONAL OPTIONS I HAVE OUTSIDE ACADEMIA



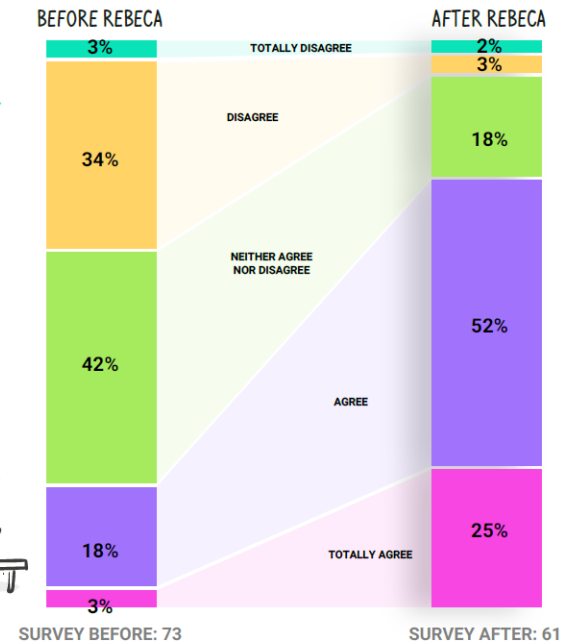
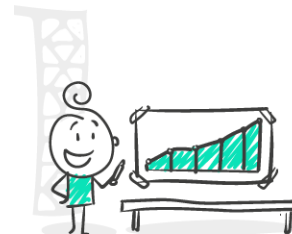
## RESEARCHERS BEYOND ACADEMIA MENTORING PROGRAMME 2020-2021

BEYOND THE BENCH



### IMPACT OF REBECA IN YOUNG RESEARCHERS

I AM CLEAR ABOUT HOW MY RESEARCH EXPERIENCE CAN BE AN ASSET BEYOND ACADEMIA



# REBECA 2020-2021 Impact

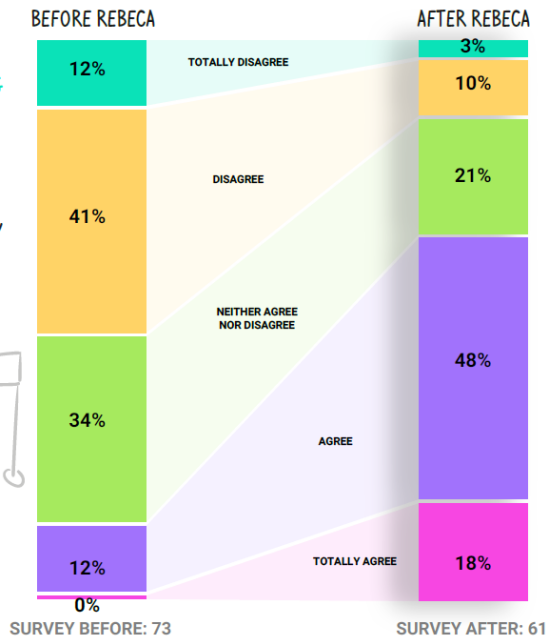
## RESEARCHERS BEYOND ACADEMIA MENTORING PROGRAMME 2020-2021

BEYOND THE BENCH



### IMPACT OF REBECA IN YOUNG RESEARCHERS

I AM CLEAR ABOUT WHAT WEAKNESSES I SHOULD ADDRESS IN ORDER TO APPLY TO A JOB BEYOND ACADEMIA



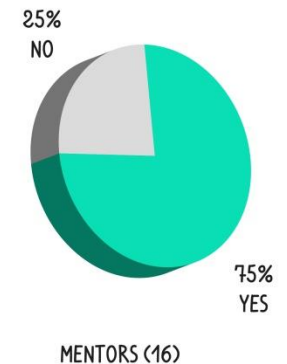
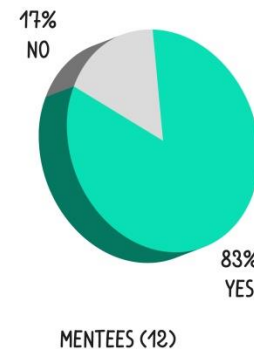
## RESEARCHERS BEYOND ACADEMIA MENTORING PROGRAMME 2020-2021

BEYOND THE BENCH



APPROXIMATELY 20% OF REBECA PARTICIPANTS WERE LOCATED OUTSIDE OF SPAIN, SO INTERNATIONAL PAIRS WERE ESTABLISHED

### IF YOUR PAIR WAS OUTSIDE OF SPAIN, DO YOU THINK YOU HAVE BENEFITED FROM THEIR INTERNATIONAL EXPERIENCE?



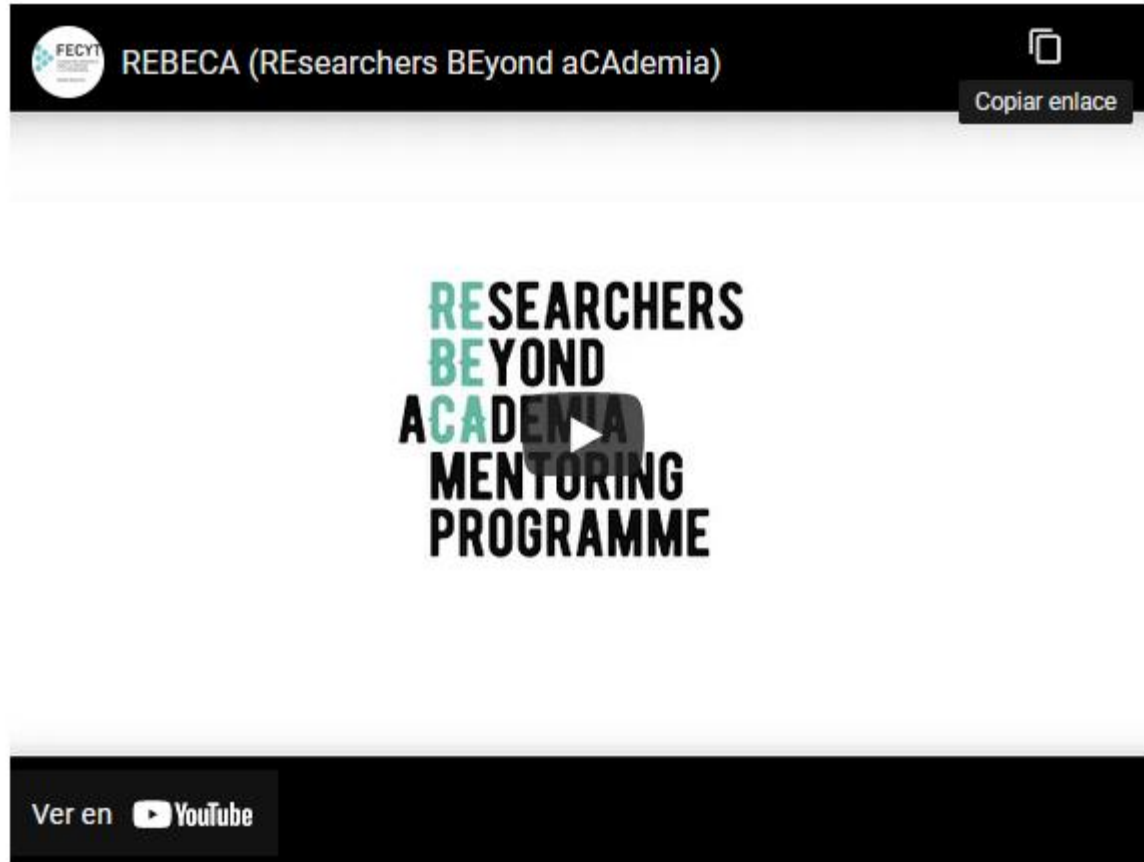
### I have interest in finding a professional alternative beyond academic research



<https://www.euraxess.es/spain/rebeca-2020>

# REBECA 2020-2021 Testimonials

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<https://youtu.be/zyRtIMUCFJM>

# REBECA by EURAXESS



## What is new in REBECA by EURAXESS?

- This is an activity of the EURAXESS Hubs project and has a European-wide approach
- Mentors and mentees will come from different countries, so expect transnational pairs
- Stay tuned for additional activities:
  - Match-making events
  - REBECA by EURAXESS online community



This project has received funding from the Research and Innovation framework Horizon 2020 of the European Union under grant agreement 101035541

<https://www.linkedin.com/showcase/researchers-beyond-academia-by-euraxess/>

- ✓ Matching process ongoing
- ✓ Match-making events Spring 2022

<https://www.euraxess.es/node/702307/>

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# THANK YOU

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